The Nutrition major explores how nutrients and the foods from which they are derived aid the body in health, growth, and development. With major national and international concerns for how food and nutrition affect health and disease, registered dietitians and nutritionists have many career opportunities.

Tracks in this major include:

- Nutrition Studies
- Didactic Program in Dietetics
- Nutritional Science

You’ll learn to educate and coach people about nutrition and health in the nutrition studies track. You can prepare to be a dietician in the dietetics track. Or you can take the nutritional science track if you’d like to prepare for other health professions.

The Didactic Program in Dietetics (DPD) is currently granted Accreditation by the Accreditation Council for Education in Nutrition and Dietetics of the [Academy of Nutrition and Dietetics](https://www.eatright.org).

**Student Experiences**

There are more than 900+ student groups that you can get involved in at the University of Minnesota. Specifically, [our CFANS student groups](https://cfans.umn.edu/student-life/student-groups) are designed to
help you gain real-world experience and meet fellow students who share your interests.

Some groups that are popular with students in this major include:

- Food Science and Nutrition
- Student Organization of
- Agribusiness Club of Nutrition and Dietetics
- Student Ambassadors for Food, Health, and Culture

**Study Abroad Options**

More than 250 study abroad programs in 70 countries are available to University of Minnesota students. Study abroad can offer a global perspective on your studies in agriculture. [Learn more about CFANS study abroad options.](#)

![Image of a scientist in a lab](image)

**You might also explore**

- Food Systems
- Human Physiology
- Agricultural and Food Business Management
- Biochemistry

**Associated Careers**
Assistant Food Editors, Community Health Workers, Dentists, Dietetic Technicians, Dietitians, Food Labeling Specialists, Food Technologists, Pharmacists, Physicians, Nutrition Educators, Nutritionists, Research and Regulatory Scientists, Sales Representatives